

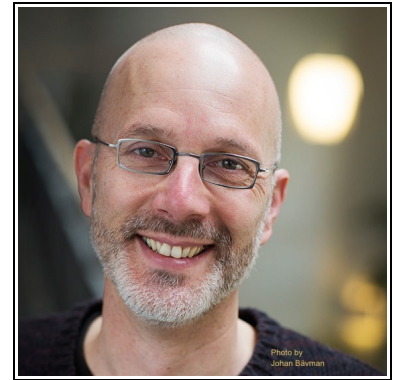
Volunteer resumé

Frank van der Most

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Skills

- Database design
- Programming
- Languages: Dutch, English, Swedish, German, French, Spanish
- Repairing stuff
- Writing - non-fiction: reports, papers, blog
- Analytic thinking, interviewing and case studies
- Scuba diving (PADI)

Personal qualities

- Pragmatic idealist
- Patient and quiet - but not always
- Get along well with people
- Keeping overview and minding the details
- Work well independently and in teams

Passions and interests

- Hiking, scuba diving, sports-climbing
- Saving the planet
- Lego design
- Photography
- Traveling
- Reading the news
- Solving problems and puzzles
- Warm weather

Interests

- Nature
- Human rights
- Technology - high and low tech

Life experience

- Volunteer work for [WOT](#) and alternative civilian service at [Agromisa](#).*
- Lived in collective house holds
- Lived in the Netherlands and Sweden
- Travelled to Indonesia, Costa Rica, Panama, Madagascar, Botswana, Namibia, Iceland and many other European countries.
- Academic education, up to a PhD in social science. Lots of research experience as well.
- Changed my life choices some times
- Had a one-man company in IT for academic research
- Found my life's love. No children. We adopted a dog and a cat
- Found many friends, lost some as well
- Sat in (and worked on) boards and committees
- Chaired many meetings

You can download a full CV from frankvandermost.com/about/.

* Both organizations work on sustainable development, WOT (www.wot.utwente.nl/en/) on energy and water supply, and Agromisa (www.agromisa.org) on agriculture.